

## What Teens Want to Know

**Myth:** Wine and beer have less alcohol than vodka, gin or whiskey.



**Fact:** A drink is a drink. A bottle of beer, a glass of wine or a shot of hard liquor has the same alcohol content.

**Myth:** Marijuana is natural so it cannot hurt you.



**Fact:** Marijuana can cause short and long term consequences ranging from problems with memory and learning to increased anxiety. Recent studies show that the teenage brain is particularly vulnerable. Just because something is natural doesn't mean it is good for you.

**Myth:** Underage tobacco use is not a problem.



**Fact:** More than 3 1/2 million teens between the ages of 12 and 17 use tobacco.

**Myth:** Using any drug just one time can't hurt you.



**Fact:** Everyone responds to drugs differently. Although some people can use a drug once or more than once and not experience any negative consequences, for other individual's first time use can be fatal.



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DRUG ABUSE PREVENTION PROGRAM

**Want more information about drug and alcohol?**

**Check out the following web sites:**

[www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)

[www.checkyourself.com](http://www.checkyourself.com)

[www.justthinktwice.com](http://www.justthinktwice.com)

[www.freevibe.com](http://www.freevibe.com)